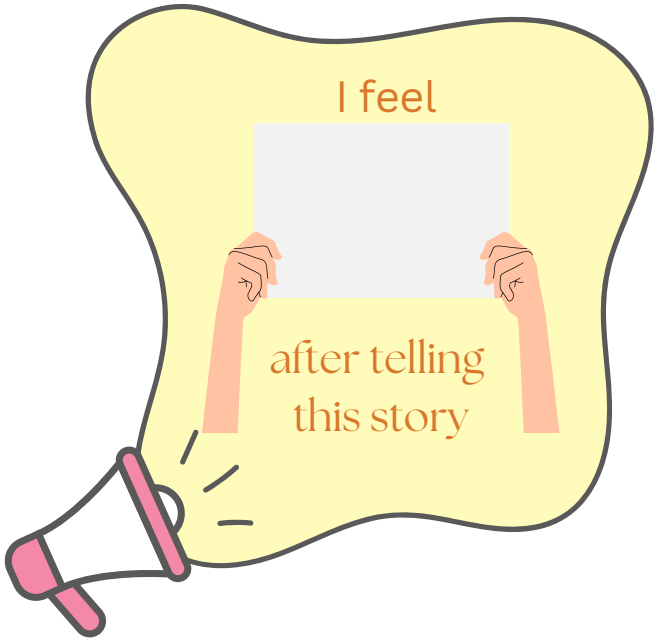
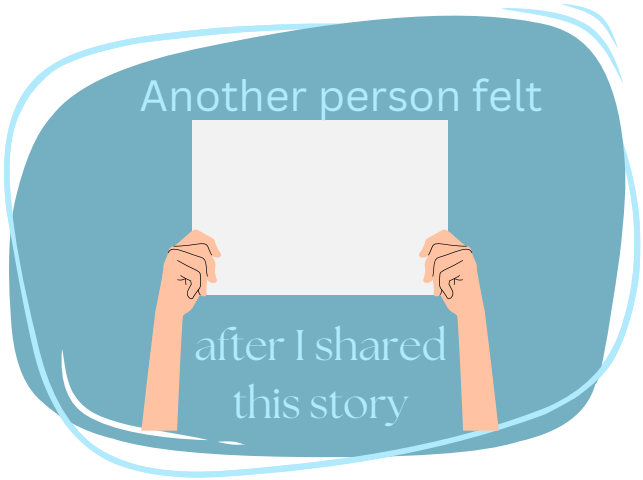
Preparation

Fine tune your message by sharing a life experience with someone else. This story could be deeply personal or very surface level. After story sharing, ask yourself these questions and ask for feedback.



Just as we want to feel safe and supported when we're sharing our stories, it's important to acknowledge the impact it has on other people.



Process whether you or the other person felt a strong negative impact__

Other examples and ways of describing the same story